

ITN HEALTH AMERICA LLC

Care Plan Standards - Alzheimer's and Dementia Clients

NON-MEDICAL

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1. Compliance with National Standards of Care

ITN HEALTH AMERICA LLC has implemented a care plan for all clients with Alzheimer's disease or related dementia diagnoses in accordance with the standards set forth by the Alzheimer's Association (ALZ). Specifically, ITN Health America LLC has adopted and incorporated the "Alzheimer's Association Dementia Care Practice Recommendations" (2018), which are incorporated herein by reference as if set forth fully herein. Accordingly, a copy of the "Alzheimer's Association Dementia Care Practice Recommendations" (2018) is available upon request.

2. Designated Alzheimer's Services Supervisor

ITN Health America LLC's designated Alzheimer's Services Supervisor shall be the Agency Manager. Accordingly, the Agency Manager must meet the requirements to serve as an Alzheimer's Services Supervisor pursuant to Ill. Adm. Code title 77 § 973.140.

3. Training Required for Staff with Direct Access to Clients with Alzheimer's Disease or Dementia

Any In-Home Care Worker with direct access to clients with Alzheimer's disease or dementia shall complete a minimum of 6 hours of initial training in the first 60 days of work using an Alzheimer's disease and related dementias services curriculum which shall include, at a minimum, the following topics:

- a. Understanding dementia;
- b. Effectively communicating with individuals with dementia;

- c. Assisting individuals with dementia in performing activities of daily living;
- d. Problem-solving with individuals with dementia who exhibit challenging behavior;
- e. Fundamentals of dementia care;
- f. Safe environments; and
- g. Managing the activities of individuals with dementia.

Any In-Home Care Worker with direct access to clients with dementia shall receive 3 hours of advanced training on caring for individuals with Alzheimer's

disease and related dementias each year. The initial six hours of training required above shall satisfy the annual training requirement for the staff

member's first year of work with ITN Health America LLC. The mandated training shall include:

- a. Promoting resident dignity, independence, individuality, privacy and choice;
- b. Resident rights and principles of self-determination;
- c. Care of elderly persons with physical, cognitive, behavioral and social disabilities; and
- d. Effectively communication with individuals with dementia.

All required training shall be documented with the date of the training; the length of time spent on each training topic; instructors and their qualification;

short description of content; and staff member's signature or electronic certificate with a date and time stamp indicating completion.